

Live & Learn Early Learning Center hosts:

Cheryl Hovey MEd, ECMPWT

Monday November 11, 2019

9:00-3:30 pm

Live & Learn Early Learning Center Lee NH

Register online @ http://www.live-learn.org/teachertrainings_resources.html

Babies and Brains: Some Assembly Required:

The first years of life are a crucial time for brain development. Between conception and age 5, the basic foundations of brain development are established. Researchers have learned that healthy brain development is rooted in young children's everyday experiences. It is our teachers that can make a difference in supporting healthy brain development. This series will help teachers better understand how the brain develops and discover ways to nurture healthy brain development in our youngest children: and have fun doing so!

Lizards, Bridges, Snakes Oh My!:

Understanding Toxic Stress Why do we fear snakes? Why does taking a vacation make our blood boil a bit? Why, why, why? This session will highlight surprising and not-so-surprising information on the importance of understanding good stress and not-so-good stress. Information on the types of stress, contributes and strategies you can use to diminish them. You will be provided an overview of the limbic system and emotional nest through engaging discussions and lively activities. Come prepared to laugh and learn!

Taming the Temperament: Understanding the "Why" and Learning Styles:

This workshop will help caregivers, and teachers answer the questions "What is temperament?" and "Why is it important to understand?". Temperament is how a person usually acts and is neither good nor bad. This workshop is based on current research and how this information can be used to optimize a child's growth and development and provide unique insight about children's temperaments. Participants will be learning in small group activities on how to utilize this information in their everyday planning.

6 hours of training

Approved training hours

Includes breakfast, lunch & snacks

\$75.00 pp or \$70 pp when 3 come from the same center

Registration is non-refundable



PROFESSIONAL DEVELOPMENT DAY

Live & Learn Early

Learning Center

9:00 am - 3:30 pm

November 11th, 2019

Topics

Babies and Brains:

Some Assembly Required

The first years of life are a crucial time for brain development. Between conception and age 5, the basic foundations of brain development are established. Researchers have learned that healthy brain development is rooted in young children's everyday experiences. It is our teachers that can make a difference in supporting healthy brain development. This series will help teachers better understand how the brain develops and discover ways to nurture healthy brain development in our youngest children: and have fun doing so!

Lizards, Bridges, Snakes Oh My!:

Understanding Toxic Stress

Why do we fear snakes? Why does taking a vacation make our blood boil a bit? Why, why, why? This session will highlight surprising and not-so-surprising information on the importance of understanding good stress and not-so-good stress. Information on the types of stress, contributes and strategies you can use to diminish them. You will be provided an overview of the limbic system and emotional nest through engaging discussions and lively activities. Come prepared to laugh and learn!

Taming the Temperament:

Understanding the "Why" and Learning Styles:

This workshop will help caregivers, and teachers answer the questions "What is temperament?" and "Why is it important to understand?". Temperament is how a person usually acts and is neither good nor bad. This workshop is based on current research and how this information can be used to optimize a child's growth and development and provide unique insight about children's temperaments. Participants will be learning in small group activities on how to utilize this information in their everyday planning.

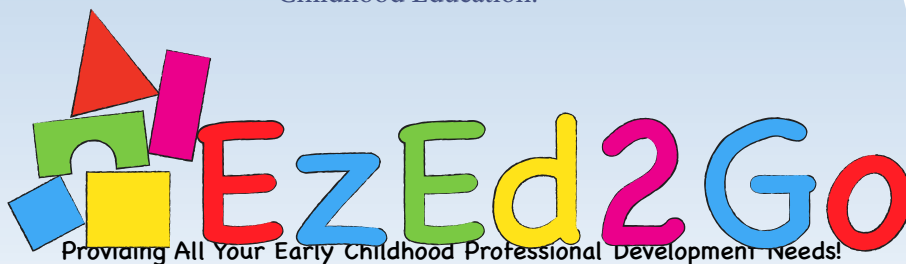


Presenter

Cheryl Hovey MS, ECMPWT

Cheryl Hovey is the 2019 MAAEYC Gwen Morgan Excellence in Leadership Award Recipient.

Cheryl Hovey is an Early Childhood Consultant and the Program Director at Fisher College. Presenting locally, regionally and nationally is a passion. She has worked in the past for the National Center for Children in Poverty, Columbia University. She was the first person in RI to be awarded the new CDA PD specialist credential from the Council for Professional Recognition. She received her Masters Degree from Wheelock in Birth to Three: Development and Intervention; Infant and Toddler Specialist, and currently is pursuing her EdD in Early Childhood Education.



chovey@EzEd2Go.com

401-443-6010

http://www.live-learn.org/teachertrainings_resources.html

Register online